

# NO EXCUSES Running Club

PLEASE PRINT THIS PAGE AND BRING TO **NERC** along with SPORTS PHYSICAL

Parent:

I have read the informational letter and give permission for my son or daughter to participate: Y/N

Student's Name \_\_\_\_\_ Grade \_\_\_\_\_

Parent's Name \_\_\_\_\_

Email address \_\_\_\_\_

Phone # \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

Valid sports physical (Y / N)

## **Student Conduct Agreement:**

Student athletes are held to a higher standard and expected to follow Student Conduct Code outlined in FCMS athletic rules. If a runner is found to have broken a rule, the student will be dismissed immediately. The No Excuses Running Club is a privilege held only to athletes implementing and emulating moral character.

I have read the FCMS athletic rules and agree to follow them therefor becoming an athletic leader. I understand I will be dismissed from the No Excuses Running Club should I choose to break FCMS school/athletic rules.

Student  
signature \_\_\_\_\_ Date \_\_\_\_\_